

CHESAPEAKE BAY AND SMALL COASTAL BASIN

WATERBODY AND AFFECTED BOUNDARIES	AFFECTED LOCALITIES	CONTAMINANT	SPECIES	ADVISORIES/RESTRICTIONS
Lake Trashmore (entire lake ~55 acres)	Virginia Beach City	Mercury	Largemouth Bass 	No more than two meals/month
		PCBs	Carp 	
Lake Whitehurst including Little Creek Reservoir (entire lake ~ 673 acres)	Norfolk City, Virginia Beach City	PCBs, Mercury	Carp 	No more than two meals/month
		PCBs	Gizzard Shad 	
Little Creek (~4 miles) near US Naval Reservation Little Creek Amphibious Base	Norfolk City, Virginia Beach City	PCBs	Spot 	No more than two meals/month
		PCBs	Croaker 	
		PCBs	Gizzard Shad 	
Chesapeake Bay (mainstem) and its small coastal tidal tributaries (~1,462 sq. miles)	Chesapeake Bay	PCBs	Anadromous (Coastal) Striped Bass 	No more than two meals/month
Eastern Branch Lynnhaven River (~6 miles)	Virginia Beach City	PCBs	Gizzard Shad 	No more than two meals/month
Mobjack Bay (and tributaries particularly East River, North River, and Ware River (~55 sq. miles)	Mathews Co., Gloucester Co.	PCBs	Gizzard Shad 	No more than two meals/month
Tabb Creek (entire creek ~2 miles) near Langley Air Force Base, a tributary of Northwest Branch Back River	Hampton City, Poquoson City	PCBs	Gizzard Shad 	DO NOT EAT
		PCBs	Croaker 	No more than two meals/month
		PCBs	Striped Bass 	
		PCBs	Blue Crab 	
		PCBs	Oyster 	
Dragon Run Swamp (entire length)/ Piankatank River (near King and Queen County Route 620 downstream ~46 miles to Deep Point Boat Landing (State Route 606) on the Piankatank River across from Piankatank Shores)	Essex Co., Middlesex Co., King and Queen Co., Gloucester Co.	Mercury	Largemouth Bass 	No more than two meals/month
Poquoson River (tidal portion and its tributary Chisman Creek)	York Co., Poquoson City	PCBs	Gizzard Shad 	No more than two meals/month
Piankatank River (from Rt. 17 downstream ~11 miles to Deep Point Boat Landing (State Route 606) across from Piankatank Shores)	Middlesex Co., Gloucester Co.	PCBs	Gizzard Shad 	No more than two meals/month

*A meal is considered to be an eight-ounce (half-pound) serving of fish.

Fish consumption advisories are reviewed annually and updated as needed. This fish consumption advisory provides meal recommendations on eating certain fish species caught from specified waterbodies. It is recommended to follow the guidance presented on this advisory to reduce your total exposure to fish contaminants. For questions about human health risks from exposure to fish contaminants, contact the [Virginia Department of Health's Toxicology Program](#) at (804) 864-8182. For further information regarding waterbodies sampled or the fish tissue sampling process, contact the [Virginia Department of Environmental Quality](#).